


THE FUTURE OF BEAUTY AND ANTI-AGING

# NEW YOU

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**6 Sexy Pouts**  
*Which one is yours?*

## ON THE LIGHTER SIDE

If you're looking to go completely noninvasive—no incision whatsoever—and you have just a little bit of stubborn fat, your local liposuction doctor's office has a growing list of options, from low-level lasers that contour the body and melt fat to radio frequency and ultrasonic devices that tighten the skin.

On the low-level laser front there is the Zerona, a non-invasive device that uses a specific laser frequency that penetrates below the skin and, in effect, breaks the fat cells so that their contents leak out and are drained away through your lymphatic system. "At this particular frequency the cells open up and collapse," says Robert Jackson, MD, a cosmetic surgeon who uses the device in his practice outside of Indianapolis, Ind. "What we find is that patients lose inches, an average of 4 to 6 inches, combined, from their thighs, waist and hips." Patients, who come in for a half dozen treatments, report a warm sensation from the octopus-like arms of the Zerona.

**SCULPT  
YOUR  
BODY**

*HIGH-TECH SOLUTIONS*

*SUMMER  
SKIN GUIDE*

**A CURE FOR  
HEIMER'S?**